

校長心語



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疫情自强、

積極面對、

發展潜舱

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2021-2022年度

第一期校訊

於2021年12月初「東京2020奧運會內 **地奧運健兒訪港」與學生交流會上, 眾奧** 運金牌健兒鼓勵同學應多參與體育活動, 在強身健體的同時,更可鍛煉其堅毅及永 不言棄的精神,以應付將來的挑戰。東京 奧運單車女子團體爭先賽金牌健兒鍾天使 更勉勵同學:「人生最精彩不是實現夢想 的瞬間,而是堅持夢想的過程。」

2022年1月1日的「元旦京港澳天宮對 話」活動中,在天宮太空站的航天員翟志 圖、王亞平、葉光富,與來自北京、香港 和澳門近600名青年學生,透過實時視像交 流。當中航天員王亞平曾説「飛天夢永不 失重,科學夢張力無限」,鼓勵同學保留 追尋夢想的種籽,有一日曾生根發芽,綻 放更多絢爛的花朵;只要「敢於有夢、勇 於追夢」,用智慧和汗水打造自己的夢想 飛船,將來必能飛翔在屬於自己的浩瀚星 空。

剛過去了的2021年是特別的一年, 因為疫情關係,我們仍然須戴上口罩,保 持社交距離,亦已是第二個於教育新常態 下開展的學年,學校暫時仍只能夠進行半 天的課堂,相信同學們已適應了教育新常 熊下的學習生活。

在疫情的陰霾下,學校於今學年努力 為同學預備了不少活動: 有於體育課堂推 廣的射箭、旱地冰球、地壺、躲避盤、柔 道等項目;還有長跑及籃球的選拔、特奧 田徑賽、速度滑冰技術改良班、乒乓球訓 練班、小型網球初級訓練班、花樣滑冰初 級訓練班、香港特殊奧運會羽毛球比賽、 全城街馬長跑、水底機器人比賽、環保家 居模型設計比賽、「夢想建築●由你組 合」迷你建築模型比賽、「建造業安全獎 勵計劃」安全問答比賽、「創科樂『耆』 中」樂齡科技設計比賽……等,期望同學 能夠積極多參與,不要因疫情關係而磋 跎,要把握每一個可試練的機會,正如以 上我國奧運金牌健兒及航天員的鼓勵,為 自己編織夢想,盡展所長。

> 伍日明校長 2022年1月



中文學會

科學學會

疫情持續多時,雖然上課時間受到影響,但學校仍努力安排多元智能課, 豐富學生的學習經歷。

佛靑服務團

信樂坊

紅十字會



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<u>2021/22 English Week</u>



This year the theme of our English Week was 'The Olympics', which proved to be a very popular topic. Here are a few highlights of the activities and student achievements during the week.



Penmanship Competition

To encourage more students to take part and to promote inclusion, students were given the choice of writing in cursive or regular script. The first, second and third place, along with 2 merits, were awarded to students with the best regular script pieces from junior and senior forms. An additional award was given to the student for the best piece of cursive writing. These were not easy to pick, as more than 90% of the students took part in the competition, with many fantastic pieces of work being submitted.

Acrostic Poem Writing Competition

The poem titles this year included 'team', 'medal', 'sport', 'results', 'Olympics' and 'athletes'. A noticeable improvement was seen in terms of the number of submissions this year, with more students showing their

interest in the Olympics and connecting their sentences to the themes. Many students also demonstrated their confidence in their IT skills by writing and submitting poems through Google Classroom using Google Forms, even though they were also given the option of writing their poems using pen and paper.

Spell Checking: American English vs. British English

This was a new activity for English Week this year, which challenged students to change words from American English to British English or vice versa. This task was also completed using Google Classroom and Google Forms. Again, we would like to encourage students to use their IT skills and pay attention to the main spelling differences between these two common forms of English.

Tongue Twister Challenge

During speaking lessons, students were given time to practice and attempt to say a list of tongue twisters with sports themes. Prizes were given to students that attempted to say them, whether successful or not. The aims of this activity were to improve their pronunciation and fluency, learn some basic literacy devices and reinforce the Olympic message about appreciating effort and trying, and not focusing solely on success and winning.

Question-and-Answer Games

Each day, from Monday to Thursday, students were presented a text type in the video with a follow-up question to test their understanding, as well as listening skills. They submitted their answers by scanning the QR code and following the instructions. Olympic or sports masks were awarded to all students that had submitted a correct answer. Over 1,500 answers were received in total, with a highest success rate of 89%.

A big thank you to all students, teachers and staff that put in the effort to get involved during English Week, especially to those students that introduced the activities with enthusiasm and positive energy each day. 事文他周a動花器

課堂Kahoot!图答比赛

書展

為了提升學生對中華文化及歷史的認識和興趣,中國語文科、中國歷史科、普通 話科及圖書館於9月27日至30日合辦「中華文化周」,活動由課堂到家中、校園到網上, 包括中華歷史文化手作體驗、攤位遊戲嘉年華、趣談中國傳統遊藝、廣普詞彙對對碰及 書展,學生踴躍參與。

中華歷史文化手作體驗

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難乏遊戲嘉年奉











推行达达/截 (投壶、木射、空竹、箭萼、沙包、看圆猜成語、 象形文字配對及部首配對)

學生感想:

5A 林思欣

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我覺得中華文化周很有趣,因為我很喜歡 手工藝製作——搖鼓。在禮堂的攤位遊戲 中,我最喜歡的是成語辨識,可以學到不同的成語。

1B 鍾可莹

在中華文化周有很多攤位遊戲,當中有部 首遊戲、射箭遊戲、投壺遊戲......我最喜 歡是玩部首遊戲,因為可以讓我們識到很 多字,大家和我都玩得很開心。

5B 鄧敬紘

我在中華文化周玩了很多攤位遊戲, 有射箭、投壺、木射、空竹、中文字 配對等,我和朋友玩得十分開心。

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1A 吳鍶如

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「投壺」遊戲是中國文化活動之一,而我 在學校中華文化周看到它,覺得十分有趣 及好玩。我對於中國文化的知識又提升一 大步了。 疫症全球肆虐,很多信眾祈求佛菩薩加持護念,其中 「藥師佛」與對治疫症病患非常相應。

藥師琉璃光王ぬ來

藥師琉璃光王此來,簡稱「藥師佛」,據《藥師琉璃 光內來牵願功德經》內容,又稱為「消災延壽藥師佛」。經 中記載,藥師佛全身遙徹、身藍色內琉璃,清淨無梁出柔光 照遍太干世界,故心「琉璃光」為功德名號。藥師佛於過去 久遠劫修梵行,曾發十二大願,願除一切眾生病苦,令一切 眾生身心安樂。其中第七願;「願我來世得菩提時,若諸有 情,眾病逼切,無赦無歸,無醫無藥,無親無家,貧窮多 苦,我之名號一經其耳,眾病悉除,身心安樂,家屬資具, 悉皆豐足,乃至證得無上菩提。」因此,若人能心恭殺心, 供養藥師內來,或稱念藥師佛聖號,即能消災延壽,醫治百 病,解除各種顏疾痛苦,遠離一切貧窮。



志蓮淨苑 藥師殿

琉璃世界中,有日光遍照菩薩、月光遍照菩薩兩尊脅侍,協助藥師佛弘揚 佛法, 合稱為「東方三聖」。太陽代表智慧, 月亮則代表慈悲, 顯示修行 是無論書夜, 這念心皆要保持如日光、月光般光明、清淨。